

Dear Parents and Guardians:

This semester we will be teaching Human Sexuality Curriculum in Health Class. Below you will find a list of topics we will cover which follows the District's Health Human Sexuality Curriculum. We are informing you of these topics well in advance of instruction so you can have these important conversations with you student.

We are also notifying you of your right to opt your student out of any part of this content. This process begins by reaching out to your student's teacher for more information. [mtremblay@helenaschools.org](mailto:mtremblay@helenaschools.org) [jpaulsonmorgan@helenaschools.org](mailto:jpaulsonmorgan@helenaschools.org) [rhageman@helenaschools.org](mailto:rhageman@helenaschools.org)

#### TOPICS COVERED.

1. Gender Identity
2. Making responsible decisions, adolescence and development.
3. Relationships and Choosing Abstinence: Relationships, communication and decisions about sexual relationships.
4. Male and Female reproductive systems: hormones and sexual feelings
5. Issues of Sexuality: pregnancy prevention, sexual abuse and violence
6. Sexually Transmitted Infections: prevention

We take teaching this curriculum very seriously. It is important as Health Educators to provide students with medically accurate and age-appropriate information. We also hope that this notification will foster discussion at home with students and parents/guardians.