



The BMC's of BRUIN Volleyball

Building Strong Foundations

Making Lasting Memories

Connected-Committed-Compelled

Our Foundation

- We will compete with character and sportsmanship.
- We will cultivate and encourage learning, growth and improvement in all aspects of our athletes lives: physical, emotional and academic.
- We will teach life lessons, along with elements of the sport.

Making Memories

- We will focus on fundamentals and technique with an atmosphere of fun, competitive play!
- We will share our love of the game and encourage our athletes to enjoy being part of something special (a.k.a Bruin Volleyball ☐).

Connected-Committed-Compelled Athletes & Coaches

- We hold ourselves to high standards: ALWAYS prepared, LOW ego and HIGH output!
- We expect the best at practice, on the court and in the classroom.
- We are compelled to improve! Our actions, energy and attitude should ADD VALUE to the program!!

