



## CAPITAL HIGH SCHOOL TEAM SELECTION CRITERIA GIRLS BASKETBALL

***“Not everything that counts can be counted and not everything that can be counted counts.”***

We are very proud of our program here at Capital High School and are also pleased that so many players want to be associated with our teams. However, to maintain the level of success we have enjoyed, squad selection becomes a necessity.

There are many factors that enter into the selection of members for all of our Girls Basketball squads. This process is probably one of, if not the toughest part of coaching. As coaches we try very hard to be fair in our judgments, as we fully realize the athlete's desire to be a member of our teams and the disappointments associated with not making the squad.

It is impossible to make a purely objective evaluation, based entirely on the mastery of basketball skills, or any other criteria. Too many other things have to be considered in order to maintain a successful program. Consequently, subjective evaluations are basically opinions and are open to many arguments both for and against these evaluations. Please keep in mind that the coaches have been hired as professionals to make these types of decisions. **Also realize that the coaches want to make the teams and the program the best they can possibly be and will not exclude players they believe will accomplish this in the end.**

Coaches will make selections based on the following general guidelines:

1. Players that will make our teams better.
2. Players we believe meet the culture expectations of Lady Bruin Basketball.
3. Players that fit the available positions for the greatest benefit of the team.
4. Players that are great teammates.

**More specifically, coaches will consider:**

### **A. TALENT/ PHYSICAL ABILITIES/ MASTERY OF FUNDAMENTALS**

- How well has she mastered the offensive skills or shooting, passing, dribbling, and screening?
- How is her physical fitness levels and ability to do certain basketball skills and drills?
- Does she have the ability to learn, think and react quickly?
- Does she like to play defense?
- Are her skills limited to one area of basketball, or is she multi-dimensional?
- How do her skills compare to other players of the same position across all grades?
- Is she coachable?
- Is she a good teammate and encourages other around her?

### **B. EFFORT/ WILLINGNESS TO WORK**

- Must not be afraid of hard work.

### **C. WILLINGNESS TO LISTEN, LEARN, AND THE ABILITY TO APPLY WHAT IS LEARNED.**

- Can she be coached or does she seem to know it all?

### **D. SELF DISCIPLINE**

- Is she on time?
- Can she work hard on her own without having someone looking over her shoulder to push her?
- Is she a troublemaker on the court? At games? In class? At lunch? Etc...

\*\*\* PLAYERS MAY NOT BE ABLE TO DO ALL THE THINGS THEIR FRIENDS DO!

### **E. CONDUCT**

- What behavior does she display towards the school, administration, teachers and other students?
- What is her attendance record, past and present? Tardies? Detentions?
- What kind of grades does she have, past and present? Will she have trouble with eligibility?

### **F. ATTITUDE**

- Has she quit the sub-varsity or JV team after she had been selected?
- What will her attitude be if she is not likely to be a starter?
- Does she dislike losing or does losing not seem to bother her?
- Is she a team player, or is she all for herself?
- Will she be willing to accept any role in order to benefit the team?  
(Example: Starter, 6th man, practice player, etc.)
- Does she have great desire on and off the floor to be the best that she can possibly be?

**In addition the following things are also considered:**

- How many returning starters do we have?
- How many lettermen are returning?
- Has the player improved from their previous season?
- Have there been any transfers into the district and what level of proficiency do they display?

By no means is this an all-inclusive list we use to evaluate players but it does cover many of the things we look for in the selection of our teams. We strive to use our best possible professional judgment, and if we error, we try to do so by keeping more players on squads, rather than less.

As always, we appreciate and value each student as an individual, but will base all decisions on what is best for the **TEAM**.