

# Capital High School Girl's Basketball Records

## Scoring

Single Game		
player	record	year
Kelsi Brekke	41	06-07
Kelsi Brekke	36	08-09
Kelsi Brekke	34	08-09
Kelsi Brekke	33	08-09
L Raunig	30	73-74
Michaela Dowdy	28	13-14
TEAM	88	12-13

Season		
player	record	year
Kelsi Brekke	437	08-09
L Raunig	425	75-76
Michaela Dowdy	408	13-14

Career		
player	record	year
L Raunig	1174	73-78
Kelsi Brekke	1078	05-09

## Freethrows Made

Single Game		
player	record	year
Kelsi Brekke	17	06-07
McKenzie Johnston	13	14-15
TEAM	32	14-15

Season		
player	record	year
Kelsi Brekke	142	08-09
Michaela Dowdy	128	13-14
Kelsi Brekke	95	07-08
Taylor Sullivan	86	16-17
McKenzie Johnston	85	14-15

Career		
player	record	year
Kelsi Brekke	297	05-09
Taylor Sullivan	231	15-18
Michaela Dowdy	199	11-14
McKenzie Johnston	189	12-15

## Freethrow Percentage

Single Game (min 5 made)		
player	record	year
Kelsi Brekke	12/12	08-09
McKenzie Johnston	11/11	14-15
Rayna Pilgeram	8/8	14-15
Kelsi Brekke	17/18	06-07
Kelsi Brekke	15/16	08/09
McKenzie Johnston	13/14	14-15
TEAM (min 20 att)	32/37 86.5%	14-15

Season (over 50 attempts)		
player	record	year
Kelsi Brekke	(142/170) 83.5%	08-09
S Verholm	82.00%	00-01
Rayna Pilgeram	76.80%	14-15
Sydney Sheridan	76.20%	16-17
McKenzie Johnston	75.40%	12-13
Megan Lindbo	75.00%	16-17
TEAM	72.00%	00-01

Career (over 100 attempts)		
player	record	year
Kelsi Brekke	297/393) 75.6%	05-09

## Field Goals Made

Single Game		
player	record	year
Ashley Ames	11	07-08
Michaela Dowdy	11	13-14
Kelsi Brekke	10	06-07
TEAM	37	77-78

Season		
player	record	year
Michaela Dowdy	142	13-14
Ashley Ames	128	07-08
Kelsi Brekke	119	08-09
Sammi Bignell	110	09-10
TEAM		

Career		
player	record	year
Sammi Bignell	372	07-10
Kelsi Brekke	311	05-09
McKenzie Johnston	247	12-15
Taylor Sullivan	241	15-18

### Field Goals Percentage

Single Game (over 5 attempts)		
player	record	year
Michaela Dowdy	100% (8/8)	13-14
Julia Anderson	87.5% (7/8)	12-13
Tjaden Pallister	87.5% (7/8)	15-16
5 tied at 8/10		

TEAM	80.00%	77-78
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Season (over 100 attempts)		
player	record	year
Michaela Dowdy	66.4% (142/214)	13-14
Michaela Dowdy	62.1% (64/103)	12-13
Mary Bryggman	55.1% (75/136)	14-15
Julia Anderson	52.1% (62/119)	12-13
Mary Bryggman	52.00%	15-16
TEAM	46.9% (478/1020)	13-14

Career (over 150 attempts)		
player	record	year
Michaela Dowdy	5.1% (207/311)	11-14
Mary Bryggman	2.9% (137/250)	14-17
Julia Anderson	1.2% (132/258)	11-13
Kaye Bignell	9.1% (211/430)	11-13
Ashley Ames	48.4% 191/395	05-08

### Assists

Single Game		
player	record	year
Alecia Wilson	13	07-08
Sadie Pilgeram	11	12-13
Alecia Wilson	10	08-09
TEAM		

Season		
player	record	year
Alecia Wilson	155	07-08
Alecia Wilson	143	08-09
McKenzie Johnston	124	13-14
McKenzie Johnston	105	14-15
Sadie Pilgeram	100	12-13
Team	352	13-14

Career		
player	record	year
Alecia Wilson	352	06-09
McKenzie Johnston	343	12-15
Sadie Pilgeram	189	12-13
Sydney Sheridan	183	16-19
Savanna Bignell	175	13-16

### Rebounds

Single Game		
player	record	year
K Kramer	29	72-73
Katie Culver	14	18-19
Ashley Ames	14	07-08
Michaela Dowdy	14	13-14
Taylor Sullivan	13	16-17

Season		
player	record	year
Ashley Ames	191	07-08
Taylor Sullivan	180	17-18
Michaela Dowdy	173	13-14
Julia Anderson	171	11-12
A Walter	168	72-73
Taylor Sullivan	168	16-17
TEAM	773	15-16

Career		
player	record	year
Taylor Sullivan	403	15-18
McKenzie Johnston	328	12-15
Julia Anderson	309	11-13
Ashley Ames	304	05-08
Sammi Bignell	291	06-09
Michaela Dowdy	277	11-14
Tjaden Pallister	263	13-16

### 3 Pt Field Goals Made

Single Game		
player	record	year
Kelsi Brekke	6	08-09
Kelsi Brekke	5	06-07
Markki Johnston	4	07-08
Alexa Welch	4	12-13
Sadie Pilgeram	4	12-13
McKenzie Johnsnton	4	13-14
Shelby VanHemelryck	4	16-17
TEAM	10	08-09

Season		
player	record	year
Kelsi Brekke	57	08-09
Kelsi Brekke	45	06-07
Sadie Pilgeram	43	12-13
McKenzie Johnston	36	13-14
Sammi Bignell	33	09-10
TEAM	125	13-14

Career		
player	record	year
Kelsi Brekke	159	05-09
McKenzie Johnston	83	12-15
Sadie Pilgeram	74	11-13

### 3 PT Field Goal Percentage

Single Game (5 attempts)		
player	record	year
Kasidee Campbell	4/5 80%	13-14
Alexa Welch	4/5 80%	12-13
Kelsi Brekke	4/5 80%	08-09
Sadie Pilgeram	4/6 66.6%	12-13

Season (50 att)		
player	record	year
Alexa Welch	22/50 44%	13-14
Shelby VanHemelryck	29/67 43.2%	16-17
Kasidee Campbell	21/53 39.5%	13-14
Kelsi Brekke	57/147 38.8%	08-09

Career (75 att)		
player	record	year
Kelsi Brekke	159/446 35.7%	05-09
McKenzie Johnston	83/243 34.2%	12-15

Kelsi Brekke	4/6 66.6%	06/07
Markki Johnston	4/6 66.6%	07-08
TEAM (10 att)	6/11 55%	14-15

McKenzie Johnston	20-53 37.7%	14-15
Madi Quick	18-51 35.1%	15-16
TEAM	79/220 35.9%	16-17


### Steals

Single Game		
player	record	year
McKenzie Johnston	9	14-15
Sydney Sheridan	8	17-18
McKenzie Johnston	8	12-13
Kelsi Brekke	8	06-07
Alecia Wilson	7	07-08
Kelsi Brekke	7	08-09
TEAM	21	09-10, 10-11

Season		
player	record	year
K Roos	103	78-79
McKenzie Johnsnton	66	14-15
McKenzie Johnsnton	65	13-14
Sydney Sheridan	65	17-18
Shannon Furlong	61	06-07
Kelsi Brekke	54	08-09
Jenna FauntLeRoy	54	06-07
TEAM	279	08-09

Career		
player	record	year
McKenzie Johnston	184	12-15
Sydney Sheridan	132	16-19
Savanna Bignell	130	13-16
Sammi Bignell	113	07-10

### Blocks

Single Game		
player	record	year
Taylor Sullivan	6 (3 times)	16-18
TEAM	10	15-16

Season		
player	record	year
Taylor Sullivan	70	17-18
Taylor Sullivan	51	16-17
Mary Bryggman	28	15-16

Career		
player	record	year
Taylor Sullivan	155	15-18
Mary Bryggman	47	14-17





